

# Referral List

## Trauma-Focused Mental Health Providers

\*Specialized trauma-focused mental health services for the child and non-offending family member are important for healing and recovery. The Washoe County CAC routinely makes these services available on-site and through appropriate outside agencies or providers. The following is a list of trauma-focused counselors who are in private practice.



Contact Information	Target Population	Specialty	Specialization by Diagnosis	Treatment Modality	Payment Options
<b>Alexandra Dimitroff</b> 3708 Lakeside Dr. Ste. 101 Reno, NV 89509 775- 786-2424 Dimitroff.Alexandra@gmail.com	Children, Adolescents, Adult Male and Females	Grief, Parenting	Anxiety, Sexual Abuse of Child, Trauma, Depression, PTSD, Sexual Assault, Trauma Informed Care	Attachment Therapy, CBT, Motivational Interviewing, Play Therapy, Trauma Therapy	Hometown Health, Blue Cross, Medicaid, Aetna, Victims of Crime Funding
<b>Molly Warren</b> Olive Branch Therapeutic Services 495 Apple St #225 Reno, NV 89502 775-737-1993 Mesalika@yahoo.com	All	PTSD, Sexual Assault Related Trauma, Domestic Violence, Co-occurring Disorders, Grief, Parenting	Anxiety, Crisis Counseling, Bereavement, Depression, PTSD, Sexual Abuse of Child, Trauma, Sexual Assault, Trauma-Informed Care	Music Therapy	Victims of Crime Funding, DA Affidavit for Sexual Assault, Sliding Scale. Negotiated Scale
<b>April Bay</b> 1065 Haskell St. Reno, NV 89509 775-825-1005 draprilbay@yahoo.com	All	Domestic Violence, Co-occurring Disorders, parenting, Trauma, Forensic evaluations for court (mediation and psych evaluations)	Anxiety, Bipolar Disorder, Personality Disorders, Depression, PTSD, Sexual Abuse of Child, Trauma, Sexual Assault	Systematic Desensitization, CBT, EMDR, Family Therapy, Marital Therapy, Psychodynamic Therapy, Trauma Therapy	DA Affidavit for Sexual Assault, Victims of Crime Program
<b>Scott DeSelle</b> CBA Healthcare 1155 W. 4th St., Suite 101 Reno, NV 89503 775-200-8528 Sdeselle@yahoo.com	All	Homicide, Substance Abuse, Co-occurring Disorders, Parenting	Anxiety, Bipolar Disorder, Crisis Counseling, Sexual Abuse of Child, Trauma, Depression, PTSD, Sexual Assault	DBT Group Therapy, Motivational Interviewing, CBT, EMDR, Family Therapy, Marital Therapy, Trauma Therapy	Medicaid, Private Insurance, Victims of Crime Program, Negotiated Fee, Sliding Fee Scale, AMERIGROUP, Cigna, Hometown Health, UBH/United, Health Plan of Nevada
<b>Lynn Dyas</b> CBA Healthcare 1155 W. 4th St., Suite 101 Reno, NV 89503 775-200-8528 cbahealthcare@mail.com	Adolescents, Adult Males, Adult Females, Families	Domestic Violence, Homicide, Substance Abuse, Co-occurring Disorders, Grief	Anxiety, Bipolar Disorder, Crisis Counseling, Personality Disorders, Bereavement, Depression, PTSD, Trauma, Sexual Assault, Trauma- Informed Care	Attachment Therapy, DBT, Group Therapy, Motivational Interviewing, CBT, EMDR, Family Therapy, Marital Therapy, Trauma Therapy	Medicaid, Negotiated Fee, Sliding Fee Scale, AMERIGROUP, Medicaid, Hometown Health, Health Plan of Nevada

# Referral List

## Trauma-Focused Mental Health Providers



\*Specialized trauma-focused mental health services for the child and non-offending family member are important for healing and recovery. The Washoe County CAC routinely makes these services available on-site and through appropriate outside agencies or providers. The following is a list of trauma-focused counselors who are in private practice.

Contact Information	Target Population	Specialty	Specialization by Diagnosis	Treatment Modality	Payment Options
<b>Steve Barcia</b> Zephyr Wellness 418 Cheney St Reno, NV 89502 775-525-1616 info@zephyrwellness.org	All	Domestic Violence, Substance Abuse	Anxiety, Depression, Trauma, Sexual Assault	CBT, Family Therapy, Marital Therapy, Reality Therapy, Solutions Focused, Motivational Interviewing, Play Therapy	DA Affidavit for Sexual Assault, Medicaid, VOCP, AMERIGROUP, Blue Cross/Blue Shield, Medicaid, St. Mary's Plan, Hometown Health
<b>Spanish Speaking</b>					
<b>Julia Catlin</b> Zephyr Wellness 418 Cheney St Reno, NV 89502 775-525-1616 info@zephyrwellness.org	All	Co-Occurring Disorders, Grief, Parenting, Sexual Abuse, Trauma	Anxiety, Crisis Counseling, Depression, PTSD, Sexual Abuse of Child, Trauma, Sexual Assault	CBT, EMDR, Family Therapy, Marital Therapy, Trauma Therapy, Play Therapy	Medicaid, AMERIGROUP, BlueCross/BlueShield, Hometown Health, St. Mary's Plan, Magellan Behavioral Health, Victims of Crime Funding, DA Affidavit for Sexual Assault
<b>Patricia Gilbert</b> 61 Continental Way Reno, NV 89509 775-750-6801 Trishagilbert@gmail.com	Children, Adolescents Adult Females, Families	Parenting	Anxiety, Sexual Abuse of Child, Bereavement, Boystown, Psycho-educational Model	Family Therapy	Medicaid, Life Quest, Hometown Health, Victims of Crime Funding